



## VRAJ ADULT RETREAT – 2019

Saturday June 15 – Saturday June 22, 2019

Vraj and its volunteers Invites all  
Adults 31 and older male or female, physically independent,  
able to walk at least half a mile every day are welcome to  
experience

**Spiritually Uplifting, Exciting & Stimulating seven days at**

Shriji Darshan, ShriYamunaji Aarati,  
Vraj Parikrama, Spiritual Talks,  
Debates, Q/A sessions, Yoga/Meditation,  
Satsang, Art & Craft Workshops,  
Indoor Games, Outing, Raas-Garba  
Delicious Meals,  
Comfortable Accommodation



**Donation: \$ 351.00**

**Registration form and tentative program is attached. Please fill up the form and mail it with Doctors Medical clearance and Required documents to Address provided.  
You may request to share room with other campers.  
You may request private room.  
Only registered campers are allowed to be in other campers rooms.**



For more information  
Please email to  
Mallika Patel at

[Mallikampatel29@gmail.com](mailto:Mallikampatel29@gmail.com)

or

[mcmmpatel@gmail.com](mailto:mcmmpatel@gmail.com)

**Forms are not collected at Vraj**